

## SERVICES FOR MODEL AGENCIES

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### **Enable bookers and others who relate closely to models to:**

- Gain a deeper understanding of models' challenges
- Recognise signs of models in distress
- Deal with models' own issues
- Improve skills in managing models
- Deal with adolescence & correlated issues
- Improve relationships
- Manage stress
- Develop functional coping strategies
- Learn and practice assertiveness
- Manage anger

### **In order to:**

- Achieve higher personal and professional performance
- Be more successful in their careers
- Successfully manage relationships with models
- Understand models and their behaviours and know how to respond effectively